

# Benefice Zoom Morning Prayer

Prayers

Canticle

In the name of the Father,  
and of the Son, and of the Holy Spirit.

**Amen**

*Opening sentences*

One thing I have asked of the Lord, this is what I seek:  
that I may dwell in the house of the Lord all the days of my life;  
to behold the beauty of the Lord and to seek Him in His temple.

*Leader:* Who is it that you seek?

**Response: We seek the Lord our God.**

*Leader:* Do you seek Him with all your heart?

**Response: Amen. Lord, have mercy.**

*Leader:* Do you seek Him with all your soul?

**Response: Amen. Lord, have mercy.**

*Leader:* Do you seek Him with all your mind?

**Response: Amen. Lord, have mercy.**

*Leader:* Do you seek Him with all your strength?

**Response: Amen. Christ, have mercy.**

*Declaration of faith*

*Leader:* To whom shall we go?

**You have the words of eternal life,  
and we have believed and have come to know  
that You are the Holy One of God.  
Praise to You, Lord Jesus Christ,  
King of endless glory.**

*Scripture Reading*

*Meditation*

Christ, as a light illumine and guide me.

Christ, as a shield overshadow me.

Christ under me;

Christ over me;

Christ beside me on my left and my right.

This day be within and without me,  
lowly and meek, yet all-powerful.

Be in the heart of each to whom I speak;  
in the mouth of each who speaks unto me.

This day be within and without me,  
lowly and meek, yet all-powerful.

Christ as a light;

Christ as a shield;

Christ beside me on my left and my right.

*Blessing*

May the peace of the Lord Christ go with you,  
wherever He may send you.

May He guide you through the wilderness,  
protect you through the storm.

May He bring you home rejoicing  
at the wonders He has shown you.

May He bring you home rejoicing  
once again into our doors.

In the name of the Father,  
and of the Son, and of the Holy Spirit.

**Amen**

# Benefice Zoom Evening Prayer

In the name of the Father,  
and of the Son, and of the Holy Spirit.

**Amen**

*Opening sentences*

My soul waits for the Lord  
more than those who watch for the morning,  
more than those who watch for the morning.

*Leader:* Out of the depths I have cried to You.

**Response: O Lord, hear my voice.**

*Leader:* With my whole heart I want to praise You.

**Response: O Lord, hear my voice.**

*Leader:* If you, Lord, should mark iniquities:

**Response: Who could stand? who could stand?**

I will wait for the Lord, my soul waits, and in His word do I hope.

*Expressions of faith*

Lord, You have always given bread for the coming day;  
**and though I am poor, today I believe.**

Lord, You have always given strength for the coming day;  
**and though I am weak, today I believe.**

Lord, You have always given peace for the coming day;  
**and though of anxious heart, today I believe.**

Lord, You have always kept me safe in trials;  
**and now, tried as I am, today I believe.**

Lord, You have always marked the road for the coming day;  
**and though it may be hidden, today I believe.**

Lord, You have always lightened this darkness of mine;  
**and though the night is here, today I believe.**

Lord, You have always spoken when time was ripe;  
**and though you be silent now, today I believe.**

*Scripture Reading*

*Meditation*

*Canticle*

**In the shadow of Your wings I will sing Your praises, O Lord.**

The Lord is my light, my salvation; whom shall I fear?

The Lord is the refuge of my life; of whom shall I be afraid?

**In the shadow of Your wings I will sing Your praises, O Lord.**

One thing I ask of the Lord, one thing I seek;  
to dwell in the presence of my God,  
to gaze on Your holy place.

**In the shadow of Your wings I will sing Your praises, O Lord.**

I believe I shall see the goodness of the Lord in the land of the living.

O wait for the Lord! Have courage and wait, wait for the Lord.

**In the shadow of Your wings I will sing Your praises, O Lord.**

*Blessing*

See that you be at peace among yourselves, my children,  
and love one another.

Follow the example of the wise and good  
and God will comfort you and help you, both in this world  
and in the world which is to come.

In the name of the Father,  
and of the Son, and of the Holy Spirit.

**Amen**